OUR JOUREY ON THE SUMMER SCHOOL





- Body awareness
- Space + time
- Sound communication
- Dance
- PTSD- window of tolerance



- Nobody can learn from you, you learn for yourself
- We can work things with the body that we can't work with words
- Focus Movement/body & Body/Mind
- Effective/Changes
 - Think, act, feel, sensitive
 - Emotional, cognitive, motor and sensorial development research

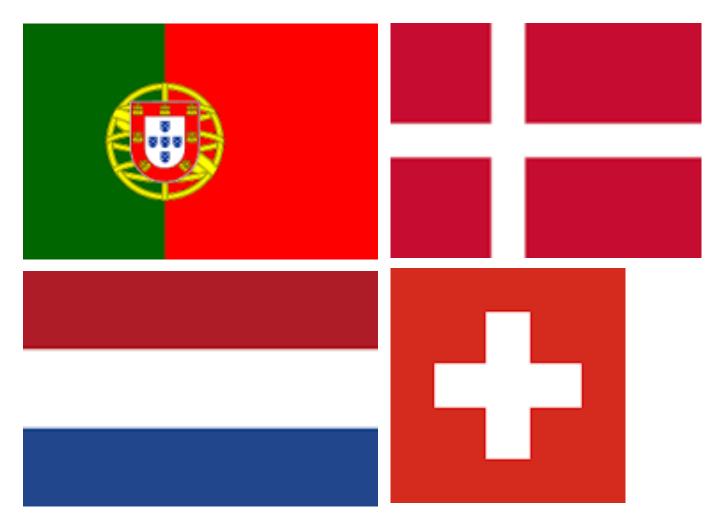


- You only learn when you are aware of yourself
- Again: don't forget to breath
- Always find back in your body
- Learning disability is not an IQ Problem
- Integrate me, me and space and me and others
- Use your body to learn!



- Connect with the client and
- Guide them in their learning process
- With a variety of approaches

PMT ASPECT OF OUR COUNTRY



Improving the Multidisciplinary Treatment of Chronic Pain by Stimulating Body Awareness: A Cluster-randomized Trial.

Randomized controlled trial

Van der Maas LC, et al. Clin J Pain. 2015. Show full citation Use of movement therapies and relaxation techniques and management of health conditions among children.

Review article

Ndetan H, et al. Altern Ther Health Med. 2014 Jul-Aug. Show full citation

Use of movement therapies and relaxation techniques and management of health conditions among children.

Review article

Ndetan H, et al. Altern Ther Health Med. 2014 Jul-Aug. Show full citation

↓ Full text

Moving and being moved: differences in cerebral activation during recollection of whole-body motion.

Wutte MG, et al. Behav Brain Res. 2012. Show full citation

Having a body versus moving your body: neural signatures of agency and body-ownership.

Tsakiris M, et al. Neuropsychologia. 2010. Show full citation

My body in the brain: a neurocognitive model of bodyownership.

Review article

Tsakiris M. Neuropsychologia. 2010. Show full citation

EXCERCISE

WHAT WE TAKE



New Knowledge Friends Inspiration



Motivation
Inspiration
Knowledge
Connections /Networking



Playfull like children
Variety of movement
Life with you all



So many different aspects

Lots of nice people and friends

Use your body to learn

That opens new horizons

The end

