

**GROUP 2
PRESENTATION
SUMMERSCHOOL
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SELF-EXPERIENCE

- What did you experience?
- Verbal vs. Non-verbal
- Own language
- Senses

COMMON LANGUAGE

- Self-experiences
- Discussion
- Our vision

COMMON LANGUAGE TRAUMA AND NLP

- Neuro linguistic programming (NLP)
- Trauma/PTSD
- NLP in trauma-treatment
- Common language: calibrating verbal and non-verbal patterns in therapists approach

COMMON LANGUAGE TOUCH IN PMT

- Manual treatment
 - Tonus or Muscular tension
 - Meet the client trough body signals/touch
 - Interactive communication trough touch
 - Differences between countries

COMMON LANGUAGE TOUCH IN PMT

- Theoretical aspects of the article
 - Scientific proven that you can read the emotions non verbal
 - Different ways of touch can influence the clients emotions

COMMON LANGUAGE CONCLUSION

- In PMT we try to reach a common language in ourselves, in the clients and in between the clients and the therapist
- Awareness of all different senses

COMMON LANGUAGE

- Questions?
- Share your thoughts!

Bibliography:

Hertenstein, M. J., Keltner, D., App, B., Bulleit, B.A., & Jaskolka, A.R. (2006). Touch communicates distinct emotions. *Emotion*, 6 (3), 528.

Figley, C. R. (ed.). (2013); *Trauma and its wake*, routledge. P. 147, 154.

HOW DO YOU USE COMMON LANGUAGE IN THERAPY?