

# Workshop with group 7

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# Warm up exercise

About that teamwork

# Word cloud

When you hear summerschool 2019,  
which words comes up to you?

# Presentation of workshop

Us coming together with our differences and coherence

# Body language

- Large target audience
- Working from the outside to the inside

Van der Kolk, Bessel (2014)

# Psychomotor Therapy and Learning

Psychomotor Development and Learning

Fonseca (2009)

## Symbolic Play and sensoriomotor activities

- Promoting relational capacity
- Instrumental and gnoso-praxic activities

Martins & Santos (2015)

# The body and the mind

- Relaxation pedagogue → psychomotor therapy
- More phenomenologic, less confrontation
- “Body awareness”, “body experience” (Moltke, 2000)



# The psychomotor functions

1974 recognised in the state

Evaluation before the beginning of the therapy

3 years of classes

Work everywhere

Learning all the time for the patient

# Literature

We felt a personal and professional development, by learning of each other.

When you are working together in different professions, you will actually develop a greater clearance of your own profession. (Højholdt, 2018)

# Exercise

Earth is lava

# Reflection

How can you relate these exercises to your experiences to summerschool, whole class

# Conclusion

# Literature references

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**Psychomotor Therapy and Learning:** Fonseca, V. (2009) conference “Educacion Infantil y desarrollo de competencias”

**Psychomotor therapy in children with behavior disorder - a study case.** Martins, A. & Santos, A. International Congress of Clinical and Health Psychology with Children and Adolescents (2015)

**How to be a psychomotor therapist in France and what is his work.** Potel, C. (2010). *Etre psychomotricien : un metier de present, un metier d'avenir*. Eres..

**Recovery of trauma and PTSD:** Van der Kolk, Bessel (2014)