



Nikolaj Claudi Mortensen

I would like to get a spot at the 2019 Summer School in Nijmegen, because I think it is important to share knowledge across the borders, and inspire each other to see psychomotor therapy in different views, especially because we have such a different view on how to be a psychomotor therapist across Europe. I see a connection between what I want to work as when I graduate, and the theme for this year's Summer School, since I want to work as a mental coach for athletes and especially their way back on court after an injury, which connects closely with coping and evolving knowledge of one's body, emotions

and cognition. Also getting the athletes to accept the fact that they are injured, working with that acceptance in a positive way, so they get back in a team or in a sport as optimal as possible.

When the Summer School 2019 happens, I will have finished my third semester, which means I am halfway through, and I think that is a great time to share knowledge with students from other countries. I have something to give, but also a lot to learn and I think it will be great to get some inspiration to bring back home, to connect with the theory and methods we learn in Denmark.

Daniel Løkkegaard

Its my first time attending summerschool and im looking forward to see other approaches when it comes to the psychomotor profession.

I personally love the profession for its many possibilities to connect the body and the mind and usually in a very down to earth kind of way.



Pascal Greter

My name is Pascal, I'm 22 years old and I'm studying in the first year at HfH in Switzerland. Among other things, I like to spend my free time with the scouts. Regarding the summerschool, I'm looking forward to get to know new people from other countries and gain insights into their understanding of PMT. You will see me smiling most of the time, and if not, just give me some chocolate :-)

Chiara Fanuli

Hi I'm Chiara Fanuli and I live in Zurich, Switzerland. I'm 20 years old and in the first year of psychomotor therapy at the college of remedial education (HfH).

I am an open-minded and outgoing person and music is my passion. I write and sing songs with my guitar and the ukulele. I also love to meet new people, especially fellow psychomotor therapy students. I'm really interested in everything around psychology and I enjoy working with kids. I'm beyond grateful that I'm giving the opportunity of joining this year's summer school 2019 in Nijmegen. I'm looking forward to it.



Anina Rüesch

Hi, I am Anina Rüesch, living in a small village near Rapperswil in Switzerland. I started studying psychomotor therapy in Zurich last September. Quite fast I've learned that there are various methods to do psychomotor therapy and I am very curious to learn some new ones which are practised abroad. So, I am very lucky to join the Summerschool in the Netherlands and expand my understanding and knowledge. In my free-time I like to go out, enjoy nature by hiking in the mountains or jogging.

Friends and Family are very important to me and I like to spend time with them. I'm looking forward to meeting new people and cultures in the Summerschool.

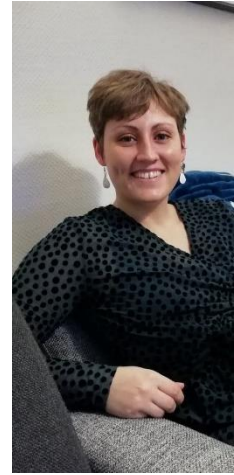
Patricia Sander

My name is Patricia and I just started to study PMT. The reason I am going to the summer school is that I love going abroad and learning about other cultures. I hope I will learn some new methods from different countries and can represent my home country Switzerland. I look forward for the exchange with all the different people I will meet there.



Thea Ulriksen

My name is Thea. I am a danish girl, soon 24 years old. I am a happy girl, who loves to learn new things and meet new people. Therefore I am really looking forward to Summer School, this year. It's gonna be so much fun. If you say adventure, I am difinitely ready to go! I love to go on adventures by travelling for exsample. My last big trip was to Africa, where I worked as an volunteer. I chose volunteer work, because it was a different way to travel and it would also give me a bigger chance to live with the locals. Beside all these things, I also love to spend time with friends and family. It is proberly what I do most of the times, besides working and going to school, of course. Which also it very important to me. I never do things half way, which also is a big part of me.



Clara Graugaard Andersen

My name is Clara. I have a big interest in sports. My interest in participation is based on the fact that I became incredibly curious about the Dutch approach to psychomotor practice, when in the second semester I was taught by our two Erasmus students from the Netherlands. I hope that through the summer school, I will get the opportunity to learn how to use the methods in my own practice with clients.

Hedvig Dybdal

I'm Hedvig Dybdal and I'm studying to be a psychomotor therapist at Campus Randers. I'm 24 years old and enjoy working in our student council alongside my studies. I like learning new ways of working with the body, and I always seek to improve myself as a psychomotor therapist. We had in our 2nd semester two students from the Netherlands joining our class as Erasmus students. I found it very interesting how the same, very little, profession can have different approaches of teaching. And now I want to learn more!





Andreas

I'm Andreas, I study PMT at Via University College in Randers and I think Summerschool 2019 is such a great opportunity, and I get to meet many different people from all over Europe. I am sure everyone has a unique perspective in this field of PMT that I could learn from. I also hope that I may be inspired to where I can go and work after I graduate.

I have always liked to dance and read or to go explore nature or other cities in my spare time.

Ruth

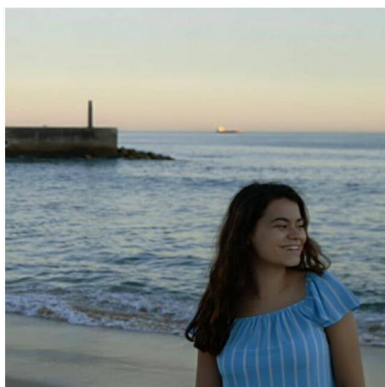
Hello Netherlands

My name is Ruth Fuchs and I live in St. Gallen, close to Bodensee in the North-East of Switzerland. I'm 48 years old, married to Martin Frischknecht and am the mom of Maurice (20) und Maxim (16). I have worked with mostly preschool children before and have started studying Psychomotor Therapy in September 2018 at HfH in Zürich, Switzerland. As a mom and house-wife I will not do an exchange semester in another country but am still eager to learn about how this profession is being practiced in other countries. So I'm looking forward to meeting many other students and getting more inputs in this professional field. Besides I like "the North" very much and travelling to the Netherlands seems just perfect. My hobbies are figure-steps on the ice, walks in nature, meeting people and spending time with my family and neighbors. Looking forward to meeting you in august and wishing you a good spring.



Best

Ruth



Marilia

My name is Marilia Lopes, I'm 20 years old and I'm in the second year of my course. I chose this course because I like the area of health and to be able to interact and help people, I have been really enjoy it. At the moment I'm volunteering in therapeutic riding with psychomotricity therapists, and I really enjoy the experience.

I am interested in participating in this psychomotor week because I like to learn through different people, and gain a new perspective on other cultures and ways of teaching.

Alícia

My name is Alícia Santos, I'm 19 years old and I'm Portuguese. I currently live in Lisbon, but I'm from Marinha Grande. I decided to go to this course because a girl that I use to do volunteer work in the summer told me about it, and I get curious, so I researched the course I decide that it was an interesting area to work in.

I want to participate in the summer school because it is very important to expand my knowledge, and it is a different way to do it, in a different environment and a different culture. So, it not only a way to learn something new, it is also a way to learn more about the country where it happens.



Me in Ibiza!

With a beautiful view on the sea
I slept in a meditation hut on the top of a mountain.

Loys

Hey there,

My name is Loys van Asten! I live in Valkenswaard, a village near Eindhoven in the south of The Netherlands. I live together with my girlfriend. I am a student at the HAN University of Applied Science in

Nijmegen. I study psychomotor therapy, just like all of you. Doing sports is something I love. Regularly my day starts with yoga and cycling.

Furthermore I like working on my old car and moped. When I am not busy with doing one of these things you will find me in the kitchen or walking somewhere in the forest. Travelling is a shared interest of my girlfriend and I. We are going to explore Sri Lanka this summer.

We are hoping to discover lots of beautiful places all around the world together the coming years. The years before I started at the HAN I finished secondary school and a travelled for 1,5 years. I travelled across Europe and visited lots of countries. While I travelled I worked in different countries. Moreover I hiked to Santiago the Compostella. I have also participated on several exchanges with English and Spanish students during secondary school.

I am looking forward to Summerschool 2019. I hope we will have a great time and learn all kind of things from each other. I am curious about the difference between our studies. Apart from the fact that we can learn a lot from this exchange I think it most important to have fun, lots of fun. I am not familiar with a lot of pubs and that sort of things in Nijmegen, but I'd love to discover them all together.

I can't wait to meet you at the HAN. See you all in the summer!!

Agnes

I am Agnes from Switzerland and I am a first-year student in psychomotor therapy. The interaction between body and mind seems to be very interesting and powerful to me. I am a peaceful, openminded, curious person who tries to be respectful to everyone and everything.

I like spending time in nature. Questions about environmental issues are one of my passions (I also studied geography.). Further on I am interested in the Scout Movement, agriculture, animals, cooking, thinking and talking about societal attitudes and cultural behaviours.

I am looking forward to the summer school 2019 to learn about how other universities treat the contents of psychomotor therapy and to get a wider insight into the subject.

See you soon!



Emeline

Hello ! My name is Emeline, I'm 21 years old, I study psychomotricity at ISRP in Marseille (France). I'm in second year and i really enjoy my studies. I'm motivate about the subject of this year "the learning body" is a central theme on the job of psychomotrician it allows me to improve my theoretical and practical skills. And I think that it's necessary in our job to share and compare this expérience with other student, I'm so exites to meet many people who study the same as i do !!

Hello my name is Christine

I`m coming from switzerland and i`m living between Zug and Luzern in a small town called Inwil.

I study since last september PMT in Zürich. My whole time when im not at the HfH i spend it in our own small stable close to our home. We`re going with our 2 horses to showjumping shows.

I`m really exited to meet a lot of different peoples all over europe at the summer school! I hope to get a lot of ideas and inspirations for my future in PMT.





Martine

Hi! My name is Martine Stoffelsma, 24 years old and studying psychomotor therapy in Nijmegen. I like to be outside in nature, do sports and to share good food with friends. I have always been very interested in meeting people from different backgrounds and places around the world. This is one of the reasons I love my study and to participate (again!) in a PMT-summer school. So I'm looking forward to meet you all! See you in Nijmegen!

Paula

Hello, my name is Paula, I am 18 years old and I come from the Netherlands. I started studying psychomotor therapy in September 2018. A study that is about movement and the human body I find very interesting, because I really love sports. I am very much looking forward to the summer school to discover what the different angles of psychomotor therapy are in Europe. I would also like to go abroad during and after my studies. I like to be together with many people from different countries. I am a happy girl and I love to do many things. I love my sport volleyball very much. You will always get me to do something active. I am looking forward to it.



Andréa

Hi, my name is Andréa Coulomb, I study psychomotricity in Marseille and I'm looking forward to participate to this summer school. I heard about it since my first year, and it is a programme that I will enjoy to join. It can be only a rewarding experience for my future job to exchange with psychomotricity students from all around Europe. Travelling and speaking English are something that I love, so with psychomotricity it can only be a success! I am a resourceful person. I enjoy travelling, going to concerts, reading and horseriding.

Laura

Hi everybody!

I'm Laura Levy, student from the ISRP, France.

I wanted to participate in this program to obtain additional information to my French training. I also hope to discover the practices of other countries and have the opportunity to exchange on the methods of the different countries and their specificities.



In addition, I would like to be able to work with children, and this program can bring me additional skills and complementary to the French program.

Looking forward to meet you this summer



Lotte

My name is Lotte Laan and I am from Holland. I am a student in Human Movement Sciences, for which I have minored in Psychomotor Therapy. Last school year, I did my internship in psychomotor therapy. The reason I participate in this year's summer school is that I would like to learn and to improve myself as a therapist, but also because I have always thought of working abroad. However, there sometimes seems to be a gap between psychomotor therapy techniques in Holland and other countries. Thus, I would like to learn from the foreign students and I am

looking forward to this summer school!

Elisa

Hi there,

My name is Elisa Garcia. I love travelling and discovering other countries. I like to go out and have fun with friends. I am passionate about my future job, I am currently a second-grade psychomotor therapist student, living in Paris. I like that psychomotor therapy can be applied to anyone and in different ways and how it works on the connection between psychic and body. I am really excited the Summer School will be a melting pot of nationalities and I guess psychomotor approach may be quite different for each culture.



I think that it would be a great personal and professional experience.



Joana

Hello! I'm Joana, 28 years old, from Lisbon. Last year I was Tutor at 2018 SummerSchool in Portugal. I'm finishing the master's degree in Psychomotor Rehabilitation at FMH. I work as Psychomotor Therapist since 2015, helping children with learning disabilities and neurodevelopmental disorders. I'm looking forward to network in order to share knowledge and experience to make my psychomotor interventions richer. See you soon!

Annabelle

Hi, my name is Annabelle, I am 22 and I have been studying psychomotor therapy in Paris for 2 years. Before that I have never ever heard the term psychomotor therapist, but when I learned about it, I knew it was my dream job. I have always been interested in psychology, psychiatry, medicine, the human body, sports, arts... And I found a field where it's all connected ! I am a very energetic and cheerful person, I really like to learn new meditations, techniques, theories and meet new people. I am eager to go to the summerschool and discover what experiences it can offer me.



Ana

Hi. I'm Ana, from Portugal. I'm really fascinated by the idea of a therapy that can reach the human being in such different ways, based simply on that: the human being. Learning to interact and express through the body; having the creativity to create material as needed; finding strategies to reach the other... are the things that most challenge me!

That's why I was interested in Summer School 2019, always with the purpose of knowing and sharing knowledge about the profession, beyond the reality I already know.

Claudia

Hi everybody
My name is Claudia, I'm 25 years young and I study at the HfH in Zurich.
During the winter you can find me at the snow garden teaching the youngest in their skiskills, I'm on the Ski's myself just for fun or I'm in the after ski (Après Ski), dancing with a cool beer in my hand.
In the warmer season you can find me in the mountains –hiking and sometimes taking a bath in a cool montainlake.
The season doesn't matter, I love camps with kids as instructor – this is my passion.
When I'm not in the nature with friends, I like reading a book, watching a good film, making cakes or even cooking.
I also love singing and dancing – even when not everybody likes to be around me then. 😊





Mario

Hi, my name is Mario, twenty six years old and I am in my second year PMT at Windesheim Zwolle in the Netherlands. As well I am living in Zwolle where I do crossfit, play the piano, cook vegan meals and am interested in creative entrepreneurship. From time to time I like to dive deeper into topics.

I am passionate about snowboarding, surfing and skateboarding which allow me to be very playful, enthusiastic, calm and a go-getter all at the same time. These sports combined with experiences during yoga practises have led me to realise that movement is what thrives me in life.

Movement is what makes me interact with others and with all that is happening within me. By studying PMT I gain experience that allows me to use movement in a broader way. I learn and explore ways to use it as a skill, to help others.

By applying for the PMT summer school I am looking forward to interact with PMT students and teachers from different countries. To experience if and in what way our approaches are similar and/or different. And how this therapeutic way of movement communication, crosses borders.

I am looking forward to be part of the summer school and together create an unforgettable experience.

Ana

Hello 😊

My name is Ana, I am 25 years old and I'm from Portugal. I have been a psychomotor therapist since 2015. Currently, I'm in the last year of my master degree in Psychomotor Rehabilitation in FMH. I'm writing my dissertation about quality of life in elderly people with and without dementia. Understanding human's behavior and how our brain works, it has always been my passion. It will be my first experience in a Summer School and I am looking for to meeting all of you in August. I hope that I can improve my skills and learn more about body learning and body awareness. And of course, I am also expecting to have a lot of fun with you!

See you soon.

A big hug from Portugal,

Ana





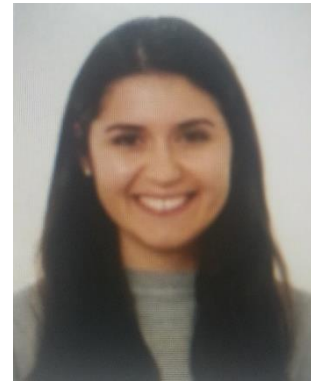
Charlène

Hello, my name is Charlène, I'm studying in Marseille, France and since the beginning of my studies, I've always been really interested in the way of psychomotricity is practiced abroad. Therefore, Summer School is for me the perfect opportunity because I'll discover new professionals, teachers, students and new practices in other countries. This will be an enriching experience both professionally and personally.

Patrícia

Hello! My name is Patrícia, and I am 24 years old, and I currently live in Lisbon.

I'm finishing the master's degree in Psychomotor Rehabilitation at FMH. I think this program is great to share knowledge and experiences that will improve my psychomotor interventions. This is my dream job and I can't see me do anything else! Let's start this amazing experience.



Isabelle

Hello ! my name is Isabelle and I'm twenty. I'm from Nice but I study at ISRP in Marseille (France). It's my second years.

I'm interesting by this summerschool because it's a way to learn more about psychomotricity and meet some new people. I think it's very important to exchange on our point of view of psychomotricity to develop our professional posture.

But one of my motivations is to discover traditional dishes! I'm greedy 😊

See you soon!

Jo

Hello everyone! My name is Jo Cloosterman, I am 26 years old and live in Nijmegen, the Netherlands. I am very excited in meeting you all at my hometown this summer. Currently I'm in my second year of psychomotricity, getting ready for my next year's therapy internship. In my spare time I like to exercise, practice martial arts, play some music and drink some beers with my friends (and you 😊). Last April I attended the play together – come together students academy in Zürich and had a great time. It was so much fun meeting other psychomotricity students from all over Europe and getting to know how they practice it in their respective countries. See you all soon!!



Mariana

Hello everyone!! My name is Mariana Barroso and I am 22 years old. I've been studying Psychomotor Rehabilitation for 3 years at FMH in Lisbon and it's been very rewarding to explore the PMT world. This year, I'm lucky to attend again the PMT Summerschool and continuing sharing knowledge about psychomotor therapy.

In my free time, I like jogging, walking around the city and listening to music. Besides that, I'm also interested in meeting new people and learning about new cultures and so I considered that the opportunity to participate in summerschool is absolutely enriching and gratifying!