

## Body Learning against Learning Disorders – The help of Psychomotortherapy in Learning Disorders

For psychomotortherapist the body is the centre of learning. With the help of our body we do important development steps in learning and gain experience with our environment. Indeed, we know, there are direct correlations between body disorders and learning disorders. In other words, important skills in psychomotortherapy like tonus, body image, spatial and temporal organisation, coordination skills as well as social and emotional competences, self-confidence and more, are related to a good school performance.

Most of the children in psychomotortherapy suffers in a way of learning disorders. In our workshop you'll learn about the actual knowledge about psychomotor practice and learning disorders and also you'll get some ideas about techniques we can use in psychomotor therapy to help those children.