

Social- emotional competences

Skills of Social Competence (Zimmer, 2011)

Social sensibility

- Recognize and understand other's emotions
- Empathic capacity
- Understand the need's of other's
- Regulate my behaviour in context of the other
- Realize wishes of others

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Skills of Social Competence (Zimmer, 2011)

Tolerance and Consideration

- Recognize and value others performance
- Respect of differentness
- Tolerate the needs of others and consider it in playing
- Show consideration towards weaker teammates

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Skills of Social Competence (Zimmer, 2011)

Understanding of rules

- Knowing the meaning of rules
- Setting the rules of a game
- Be able to play a group-game with simple rules
- Flexible approach with rules and adapt them in special contexts

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Skills of Social Competence (Zimmer, 2011)

Ability of contact and cooperation

- Stay in relationship to others
- Change rolls in playing
- Accept help and demand for help
- Support others
- Solving a task together
- Express own feelings and communicate it
- Verbal interaction with others

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Skills of Social Competence (Zimmer, 2011)

Tolerance of frustration

- Put off self-needs for the benefit of others
- Learn to manage failure
- Find a place in a group
- Learn how to manage conflicts in a constructive way