

Summer School

Connected, Involved, Relaxed, Mindful, Exploring

Psychomotor therapy

28th august to 3th of september 2016
Zwolle – The Netherlands

iMove to be!

The aim of this Summer School is to present theory and methods of psychomotor therapy to expand your understanding and knowledge of moving in different ways. In the profession as a psychomotor therapist movement is essential. You and your clients can move in many ways. The body can move from one place to another, the dynamics of a group or person can change and you can change because you are going through a personal process.

Also you can move (with) your client, for example: in stillness, in awareness and in activity of psychomotor exercises.

A model that we use is the biopsychosocial model (abbreviated "BPS"). BPS is a general model or approach stating that biological, psychological (which entails thoughts, emotions, and behaviors), and social (socio-economical, socio-environmental, and cultural) factors play a significant role in human functioning in the context of disease or illness. It posits that health is best understood in terms of a combination of biological, psychological, and social factors rather than purely in biological terms.

This Summer School will offer you the opportunity to explore how to use psychomotor methods within this BPS-model, and beyond.

Summer Schools and Intensive Programs have been a strong tradition since 2010 between 6 universities. They have taken place in Denmark, The Netherlands, Portugal, Switzerland and France.

Students said:

- A remarkable experience for the rest of our lives!
- The interaction with the participants from other countries has been beneficial to our personal and professional training.
- We got a bigger awareness of our own national identity and values as psychomotor therapists.

More info:

www.psychomotorthrapy.eu

**For registration ask your
international coordinator PMT**

Facts about the Summer School 2016

Up to 48 students and 6 teachers and 1 coordinator from 5 countries and 6 universities.
The student will get 3 ETCS credit points.

The teaching themes of the program are different areas of moving.

There will also be a social program during the Summer School.

The cost for students, 275 euro including:

- bed and breakfast
- 3x dinner and 5x lunch
- 5 days bike
- social program

The students have to pay the transport to/from Zwolle. The travel arrangements from home countries can be supported by the coordinator of your home university.

Cooperation
between:



**SINCE
2010**