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|  | Hi everybody, my name is Lena and I’m 20 years old. I’m in second semester of PMT in Zurich. During  the week i live in Zurich and on the weekends I’m in Lucerne.  In my free time I go outside, take a walk, cook and bake, read a book or just enjoy doing nothing.  Travelling is also something I really like, it’s so interesting to see new cities, places and people.  So, I’m looking forward to the week in Zwolle and the new experiences there! |
|  | I'm Sanne, 19 years old. I'm studying PMT for three years now in Zwolle, the Netherlands. I live in Groningen in a house with four other girls. I like sport and everything around it. I dance modern, jazz, ballet, salsa and reggaeton. In de vacations and some days I go out for snowboarding, surfing, wakeboarding and all the other sports outside. I'm an out going person and love to be with my friends and doing crazy spontaneous things.  I'm looking forward to go to the summerschool and get to know you all soon! Sanne |
|  | Hi! I'm Alice. I'm from Belgium.I'm physiotherapist and studying psychomotricity. (and i don't speak really good english but i try ;)  ...) I like sport, arts and nature.  I like to travel and meet new people. I went at the student academy this february 2016 and it was really a nice experience. It's a persoon from there who talked about this summerschool. Than here i'm!!"  Alice Namèche |
|  | I’m Marina, 28 years old. I’m  studying PMT in the 2 semester. I  live in a house with 5 other  people and three cats near  Zurich. I love lakes, seas,  mountains and hiking. In 2014 I  fullfilled my biggest dream; I  walked along the north-coast of  spain for some weeks. Hiking  beside the sea was awesome. I’m  happy to do the summer course  in Zwolle, because after visiting  Amsterdam and Haarlem two  times I love Holland and the  mentality of the people. I’m also  excited to get to know more  about PMT in the different  countries! |
|  | My name is Anna Aellig. I’m 24 years old and come form Bern. I’m studying  Psychomotortherapy at the HfH in Zürich in the second semester. Last summer I finished my  bachelor in psychology and instead of doing a master in this field I decided to start a second  bachelor in PMT. In my leisure time I like to cook, to invite friends and play parlor games, to  do outdoor activities, etc. Furthermore I practise yoga and african dance. |
|  | Hello!  I’m Maja, 22 years old, from VIA University College  in Randers, Denmark. I have been studied to  Psychomotor therapist in a year to September. I live  with my boyfriend, Normen, and our dog, Milena, in a  house near by the school. When I isn’t studying, I play  Handball, hanging out with my friends and finishing  projects in our house. I looking forward to meeting  your ‘all and getting a lot of knowledge about the way  you work as a Psychomotor therapist. |
|  | My name is Ann-Sofie Saugberg Jensen – most people call me Fie (I will help you with the  pronunciation). I am 23 years old and live in Randers, Denmark. I like to sing, and I use a lot of my  sparetime doing so. Something most people eventually comments on, is the fact that I am not very tall,  which is also an easy way to recognize me ;-) I am almost always smiling and I really like meeting new  people! So… Tell me about YOU :-D |
|  | I am a out going person, I love feeling life and all feelings.  I love the natur and to do all kinds off sport in the natur.  I winter swim and go the sauna after.  I love dancing with myself and others.  I find the small things in life beautiful.  Julia Fanth |
|  | My name is Ane Frost Petersen and I am 22 years old. I live  in my own apartment in Randers, Denmark. In my spear  time, I like to go for a walk, run, see a movie or read a good  book. I love to dance and in general move when I am  listening to music. When I need to go out and find new  energy, I go for a walk, most likely someplace green and with  trees were the light can shine through the tree top. My mom  and dad lives in Thy, a place where you can almost reach the  sky and I actually think that is why I love the nature and the  light so much. I have two older brothers and an older sister,  whom are my role models and I love them above all else. |
|  | Hi! My name is Sysser (it is me without the hat!)  I have just finished my 1th year at the VIA Institute in Randers, Denmark. I am older  than most of my fellow students but in spite of this I feel younger than my biological  age – also because I am new to these studies.  I love travelling and meeting new people across borders and cultures. In my spare  time I am a creative and open minded person. I am looking forward seeing you all at  the summer school in Holland – to inspire and be inspired by you all. |
|  | Hi! My name is Annika, I have just finished my 3th year at the education in Randers, Denmark. I  was also at the summerschool in Zurich 2014, which resulted in me also going to Zurich for an  exchange about a year after. I like travelling and meeting new people. I think hitchhiking is one of  the best ways to travel. I like to dance, especially contact improvisation. I dream about going to  India to study yoga. Last but not least I am looking forward to see you all at the summerschool in  Holland this summer! :-) |
|  | My name is Jana Thürig. I’m 21 years old and live with my sister and my parents  in Emmenbrücke, Lucerne. During the week I live in Zurich in a flatshare with  two other girls. I study PMT in the second semester. In my spare time I like to  sing (also in a Choir), meet friends and I really like to travel so I go as often as I  can. To finance that I work in a camping shop/restaurant at the weekends and  sometimes I look after children.  I’m really looking forward to the summerschool in Zwolle and I’m excited to  meet so many people who study the same as I do and like similar things. |
|  | Hello, My name is Camille Giroguy, 20, and I'm currently a second year french psychomotor therapy student at ISRP in Marseille, France. I'm really happy to participate in this year's PT summerschool as it will be an unforgettable experience. I like writting, drawing and I can't wait to see if I will be able to use it with all of you during the workshops. |
|  | Hi everyone !  My name is Diane, I am 21 years old and not very tall...  I am studying PMT since September 2014 in Marseille where I live in my apartment during the week.  I love runing and I like walking to see new landscapes.  I have already travel in different countries but it's going to be my first time in Zwolle, with all of you this summer ! |
|  | Hello! My name is Sander Poot, 22  years old, and live in the Netherlands. I  study in the first year at the HAN In  In my free time I love to play guitar and  photograph all kind of things. As sport I  have done taekwondo for 10 years,  some yoga, (trail)running and I do a lot  of coupledances! As work, I sell  camera  I am looking forward to experience  summer school for the first time, and  Nijmegen.  meet you all! |
|  | My name is Johanna I'm 24 years old. I'm from France and I started studying PMT in September 2014. I love outdoors activities, I'm in the Sport Students' Union for two years. I also love dancing (like a lot!), reading, going to the cinema, going to concerts and hanging out with my friends. I practiced Twirling Baton since I was 5, if you don't know what is it I will be more than happy to explain it to you ! I can't wait to meet you all, I'm so excited !! |
|  | Hello! I´m Maja. I am 25 years old and living in Randers. I like  rowing kayak, walking nice places and having a good laugh  with friends. I don´t like to be in a hurry, eating or smelling  blue cheese and to wear pants that are too tight. I am looking  forward to meeting you at the summer school this summer  and having a good laugh with you ☺ |
|  | "Hello !!  I’m Audrey, and I am a second-year student in Marseille, France. I enjoy martial arts and outdoor activities such as running, watersports, mountain sports ; I also love writing and playing music, dancing (as long as you don’t ask me to learn any choregraphy) and singing (but others usually prefer I don’t).  This picture was taken during one of my favorite school worshops, light painting.  I look forward to sharing fun practices with other students !! See you soon in Zwolle ;) "  Hope it's ok, if not, let me know, I'll provide any required information.  Regards,  Audrey Lovera |
|  | I 'm Adeline, I am 20.  I come from France. I am studying at the ISRP in Paris and I am in second years of psychomotor therapy. I love these  studies but I think that I speak about it too. When I don’t work, I love going out with my friends, I facilitate meetings  with teenagers or I do babysitting. They allow connections For my first time at the Summer School I’m excited to discover new approaches to psychomotor therapy!  with psychomotor therapy. |
|  | Hi everyone,   My name is Nora Gerritsen, 24 years old, from the Netherlands!  At this moment I’m a third years student. Before this I followed a dance education, where I graduated  as an all-round performing artist. So as you maybe already guessed, dancing is my favorite sport.  I had three internships. My first was for 3h a week in a rehabilitation, where ex rehabilitants could sport with some help. In my second internship I gave gym classes in an elementary school for kids with special needs, for 2 days. My last internship was also in a rehabilitation, but for three full days a week. There I learned to really give (body- and motion-oriented) therapy sessions one on one and in a group. My hobbies (besides dancing) are art, culture, reading, a good talk, laughing, socializing and all kinds of sports!   This was it, hope to see and get to know you all soon!  Nora |
|  | Hi! I’m Margarida, I’m 21 years old and I live in Lisbon, Portugal. I’m finishing my degree in  Psychomotor Therapy this summer and I’m thinking about taking a master also in Psychomotor  Therapy. In my spare time I like to go to the gym, watch TV series and spending time with my  friends and family.  I’m looking forward to go to this summerschool to learn new things and also to meet you all! |
|  | Hi everyone!  My name is Mariana Martins. I'm 19 years old, freshly. :D  I'm not very good at English, I confess, but I'll try!!  I live in Odivelas. Odivelas is in Lisbon (capital of Portugal), and is one of the most beautiful places ever.  I study at the Faculdade de Motricidade Humana and I'm still in the 1st year of psychomotor therapy. I'm loving the course, I think it has a lot to do with me and this is what I see myself doing in the future!  I’m really happy to participate in summershcool, it will be an unforgettable experience, I'm sure.  I can’t wait to see you all! |
|  | Hello!  My name is Alexandra. I'm 19 years old. I live in Madeira Island, the most beautiful island in the world :).  I study Psychomotor Rehabilitacion, in Faculdade de Motricidade Humana, it’s my first year.  I love Psycomotricity because I want to help people and discover new techniques for the health of persons.  My english it’s not the best, but I will try understand everthing.  Going to summerschool is amazing because i will learn many things and i will be in contact with another cultures and different persons with different visions of the world.  See you soon J |
|  | Hello!  My name is Audrey Athlan-Liénard, I’ll be 22 years old when I’ll be joining you  for this trip.  I am a second year student at the ISRP and this will be a first time for me to  attend English courses. I give a lot of curiosity to Summer School for the  psychomotricity development and to improve my English oral skills.  I’m very interested in human behavior, learning and helping each other to  overcome its difficulties, I also love literature, learning about foreign  countries and I’m passionate about computer sciences and technology in  general.  Looking forward for this journey. |
|  | Hi I’m Daniela Vieira.  I’m 19 years old and I´m from Madeira (a small Island south of Portugal). I’m in the first year of the degree in FMH.  I love to travel I also love the summer and going to the beach. I like sports and I practice capoeira. |
|  | Hello, my name is Lou. I'm 21 years old. I'm actually in second grade of psychomotricity school, at the I.S.R.P of Marseille. I live in the South of France, in a countryside at 2 hours of Marseille.  I am fascinated of nature, so I enjoy taking landscapes pictures in order to painting them. I use oil or watercolor painting, depending on the purpose for which it is needed. I do contemporary and modern dance since I'm 5 years old.  I am very impatient to share this adventure with each of you |
|  | Hello, my name is Theo Iacono. I am 22 years old. I was born in Marseille and I’m living here  always.  I am in second grade of psychomotor therapy at ISRP Marseille.  During my free time, I enjoy music (classical, rock, blues) and playing music (guitar since 2000),harmonica, bass, sing) in my band or in solo. I give many concerts. Too, I like to read old roman and write poetry. I am a passionate of movie (independent mostly).  I draw sometimes with pastel or charcoal.  I play sport every week (basket­ball and running).  About my future profession, I'm very interested in psychoanalysis and its contribution in the worldof the psychiatry. More, I introduce often music in my therapies. It's a great way to work with the patient. |
|  | Hello!  My name is Inês, I’m 21 years old and I’m from Lisbon, Portugal. I study psychomotor therapy at the Faculty of Human Kinetics and I’m glad to becoming a part of this great profession. Summer school will certainly be an amazing experience for me, because I really love our job and I want to learn more about it. Also, I love to travel and this is an opportunity to visit a country where I've never been before, meet new people and have contact with different cultures, which I think it’s very rewarding.  Can’t wait for be there! ☺ |
|  | Hello!  My name is Fábio André Fernandes Quaresma and I am a student at the School of  Human Kinetics, attending the degree of Psychomotor Rehabilitation . I love to read  books, mostly related to the science of human behavior and playing video games. I sign  to this summer school because I believe to be an asset to my future as a professional  and also to know how the psychomotor is in other countries. |
|  | My name is Joana and i'm 27 years old, i'm from Lisbon. I've studied Psychology before, but just then i realize that my passion was more about psychomotricity. I had my first contact with the area when i was erasmus' student in Brussels, during the other formation. I also studied music at the same time, but for now i still play flute but just with my friends. I love to study the human behaviour and the body expression! I Also like to do agriculture and to be in contact with the nature. I'm very excited with the idea of being an international student again, for one week :) because i believe this experiences are always good for the improvement of our knowledge, either professionally and personally speaking. |
|  | Hi everyone, my name is Fanny, I live in south of France near Aix-en-Provence and I study PMT in Marseille, since almost two years now. First of all, I like having fun with my family and friends, and of course make some good food (with good wines !) When I am available for leisures (Not that often that I would like...) I like going out, traveling, and trying all kind of fun things, I stay very young in my head... My two sons are my most motivated support ! I look forward to meet all of you, coming from others countries, and to share our experiences. See you soon !!! |
|  | Hi,   My name is Ariana Santos and I am a student from Faculdade de Motricidade Humana. I’m in my first year and so far I’m loving the experience. I love being in contact with people and so I think I’m in the right course.   I’m a people person, I love talking and helping people, I’m in scouts where I have the chance to connect with all sorts of people and do all kinds of things outdoors in the nature which is another one of my favorite things.   I also was in a philarmonic band where I played flute, so music is another thing that I love.   I applied to Zwolle because I tthink it's a great opportunity for me to connect with new experiences and new cultures.  I hope you share my enthusiasm!   See you there!   Ariana Santos |
|  | "Hi! I’m Emma, 20 years old, I live in France where I’m studying PMT since September 2014.  I love music and when I got some wasting time I play piano, guitar, harmonica and signing. I also like writing and drawing (like every time I got a pen in my hand). I practiced Tennis since my childhood but I was bound to stop it, and I currently try to begin again.  Travelling is another of my passion and I’m so excited to meet you! |
|  | Hello everyone!  I am Riemke Ruitenbeek, 20 years old and live in the Netherlands.  I am now in my third year of the study PMT. I choose this year to follow the minor Mindful  communicate. I really love this. I learned to be more in the moment. I really like to develop myself,  become who I really are. So I want to follow my heart, do the things that gives me energy: like this summer school!  I like to do things with friends and to have good conversations. I also really like to dance! In free time I am playing korfbal, that’s a really dutch sport. I love to walk in the nature, especially at vacation.  I am looking forward to the summer school: to learn new people and to get more knowledge about PMT in other countries. |
|  | Hey everybody!  My name is Jessie van Diessen, 24 years old and live in the southern Netherlands. There I live on a kind of farm where I enjoy all the space and quiet around me. In my spare time I play volleyball.  I’m a third years’ student from the PMT in Zwolle. Last semester I’ve been for 4 months to Sri Lanka for my minor. There I did an internship at a rehabilitation centre where I mainly give children with autism and hyperactivity PMT. It was a great experience where I especially learned (and see) that you must enjoy all the little things in life.  I look forward to the different mindsets and hope we have a great time together! |
|  | My name is Arianne Huijgen, I am a third year student psychomotor therapy in Zwolle, the Netherlands. I am 23 years old, and live in Zwolle.  I have read that the theme of this Summer School year ‘Move To be’ is, about the biopsychosocial model. For me that seems very interesting. I have to admit that this, writing this mail and actually subscribe myself for this class, is a big step for me. I am insecure about my English skills and my dyslexia does not contribute to this. During Summer School I hope to improve my English and my self-confidence about it. I want to get out of my comfort zone.  I'm excited and will let me surprised! |
|  | Hei hei  everybody !!! :) My name is Charlene and I am 22 years old. Currently, I am a student in second year at a school of Marseille which is called ISRP.  I chose to participate in the Summer School because  it seems interesting to share with students and professionals on the psychomotor thérapy outside France. I think that it will be an big opportunity for my future profession . In fact, the exchanging about practice and exercices can  bring me a new point of view about knowledges of psychomotor therapy.I am really excited to live this experience!!! Let the adventure begin !!!! :) |
| 1. C:\Users\arjan\Downloads\P1010034.JPG | Hello guys, or shout I say girls because you dominate the group.  Any way I am Arjan Joffer. I live with my girlfriend in Zwolle where I start my second year psychomotor therapy. After hesitating to long I decided that I wanted to participate as well. Why I hesitated I don`t no. I like to meet new people, with different habits and new punt of views. I love to be outside a specially in the outdoors (mountains), but sins we don`t have that really, hanging out in de park is nice to. I like to do all kinds of sport with friends and board games I play with the same fanaticism.  Al the spare money I have goes to holidays and traveling longing for adventure  I am looking forward to meet you all, have a nice time  and I hunger for the lessons we gonna learn |